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Dear WI member

This April issue of *WI Life* went to press before the coronavirus pandemic began to affect the way we all live our lives.

Today, the world looks very different. We're in challenging times but the good news is that WI members have always been practical and resourceful, and I'm sure these traits will prevail in this current crisis.

Over the last few weeks, the NFWI Board of Trustees and I have been inspired by the many creative ways in which members are adapting to our 'new normal'. You're supporting friends, family, and your communities, often using new methods to stay in touch. You're holding virtual WI meetings and learning new skills via online tutorials... or sharing your expertise with others.

In the next issue of *WI Life*, you will be able to see stories of members doing all this and much more. Stories of hope, kindness and positivity. We will also have plenty of ideas for new projects to keep you busy, from podcasts to novels, craft and recipes to extra puzzles and gardens to plan, plus expert advice to help you stay in good mental health.

That's vital, because remaining connected is the best way to alleviate the loneliness and stress that this situation is causing us all. Keep an eye on our social media channels, the website and My WI for more on how to support other members of your WI and community, plus lots of activities to try at home. All details are inside the magazine.

The *WI Life* team would love to hear from you. What are you making and baking, reading, creating, planting, learning and enjoying? Do please email your stories and photographs to wilife@nfwi.org.uk and follow [@WILifemagazine](https://twitter.com/WILifemagazine) on Twitter, where you can also see details of two fun new competitions we've just launched.

Looking out for one another and remaining calm will help us all get through this – together. Over 105 years and two world wars, the WI has shown extraordinary resilience and courage and I know that this will be no different.

Keep safe everyone.

Best wishes

A handwritten signature in black ink that reads 'Lynne'.

Lynne Stubbings, NFWI Chair