Fruit & Berry Cordials

Ingredients:

5 cups berries

5 cups water

2 cups sugar

Method:

- 1. Add all ingredients to a large sauce pan and stir to combine. Bring to boil over high heat.
- 2. Once the mixture comes to a boil, continue to boil and stir for five minutes. Stir continuously and do not leave the mixture unattended.
- 3. Next, turn off the heat, but leave the sauce pan on the burner. Allow the mixture to steep and cool for 1 hour.
- 4. After the hour has passed, pour the mixture through cheesecloth to drain and to remove all the berry seeds and/or pulp.
- 5. Transfer to a sterile bottle or jar. Keep refrigerated.
- 6. To use, pour approximately ¼ of a cup of the syrup into a large drinking glass. Add ice and pour in 1½ cups of cold water. Stir and enjoy!

Notes:

Depending on how flavourful you want your drink a serving size is about ¼ cup mixed with 1½ cups of water.

This recipe has been Tried & Tested by Janette Lobley, it was from www.lordbyronskitchen.com
Janette says it's nice with sparkling water or tonic and maybe even a drop of gin! Janette made her cordial using red & white currants, raspberries and strawberries.





