Gill's Gourmet Gallery

Pheasant soup with Bunashimjeji

A great recipe for leftovers, turkey could replace the pheasant meat. Absolutely delicious!

Ingredients: serves 4 1 cooked pheasant carcass 200g pheasant meat (cooked) 2 rashes streaky fried bacon 1 sage leaf 10 rose or juniper berries 2 bay leaves 1 garlic clove 1 large baking potato 1 onion 500ml water 100 ml fresh single cream Bunashimeji mushrooms 1 tablespoon salted butter Seasoning 50 ml fresh single cream



Method

Place pheasant carcass in a pan with water, bay leaves, sage and berries. Simmer for 30 minutes and strain stock through a sieve. Discarding bay leaves, berries and sage leaf. Chop pheasant meat, streaky bacon, onion, garlic, potato. Place in a pan. Pour in pheasant stock. Simmer for 20 minutes until the potato is soft, then liquidise. When ready to serve, heat and add seasoning and 100ml fresh cream. Melt butter in a separate pan and add bunashimeji, sprinkle a pinch of salt and stir fry for 2 minutes. Add 50ml cream. Ladle soup into dishes decorating with fried Bunashimeji.