Gill's Gourmet Gallery

Chilled plum crumble

Serves 2

4 desert plums
1 tablespoon Demerara sugar
200 mls water
1 tablespoon dark rum
12 ozs vanilla yoghurt, custard or ice cream
3 ozs oats, sultanas, chopped nuts, cornflakes
2 tablespoons honey
1 teaspoon butter

Chop the plums into chunks and place in a small pan Add the Demerara sugar and water Simmer until soft Take off the heat and stir in the rum Refrigerate

Melt the butter in a small pan, add the honey, cereals and nuts Stir until loosely coated Cool

To assemble the desert use two glasses First add the rum plums Next the vanilla yoghurt, custard or ice cream Top with the honeyed cereal



